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His research interests focus on advancing perioperative medicine, particularly in optimizing patient outcomes through evidence-based approaches. Dr. Nam has been actively involved in numerous multicenter clinical trials and research initiatives, contributing valuable insights to the field. He has published extensively in top-tier journals such as Anesthesiology, British Journal of Anaesthesia, Brain, and Critical Care.

He is a regular speaker at both international and domestic conferences, where he shares insights on the latest advancements in cardiothoracic anesthesia and PBM.'