Cost Effectiveness of Patient Blood Management: What is the evidence?

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Outline



1. Economic evaluation of transfusion

2. Does PBM represent good value for money – NO

3. Does PBM represent good value for money – YES



1. Costing transfusion

Cost of Blood (AAA)



Acquisition



Cost of RBCs - Acquisition



Purchase AU \$ 370 - \$446

(leucodepleted & washed, leucodepleted)



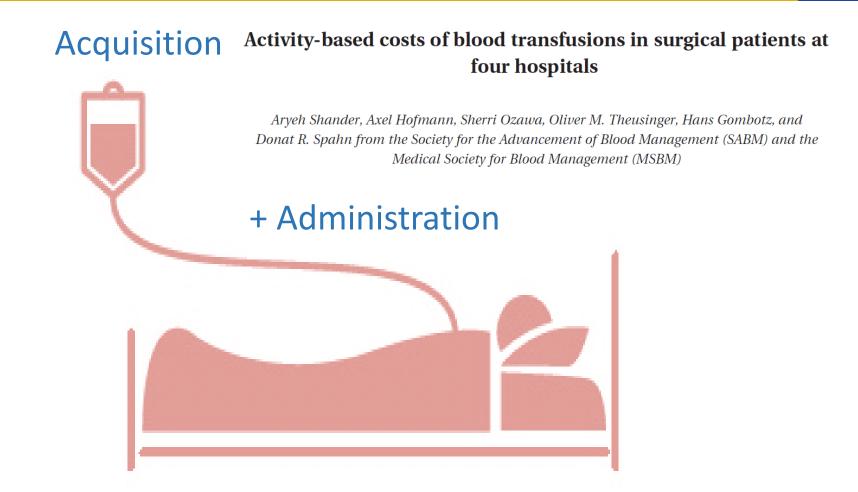
Table 1 Comparison of acquisition cost

Acquisition cost for leukodepleted PRBCs in several European Union member states (2001) (€)

| Austria ^a | 120.00 |
|-----------------------------|--------|
| Belgium ^b | 91.72 |
| France ^c | 165.65 |
| Germany, DRK ^d | 75.00 |
| Germany, other suppliers | 85.00 |
| Ireland ^e | 223.07 |
| Spain ^f | 94.36 |
| United Kingdom ^g | 135·30 |
| | |

Cost of RBCs - Administration



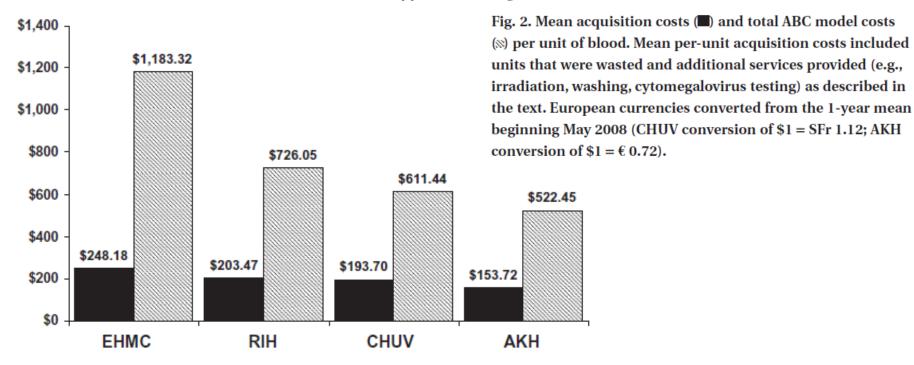


Cost of RBCs - Administration



Activity-based costs of blood transfusions in surgical patients at four hospitals

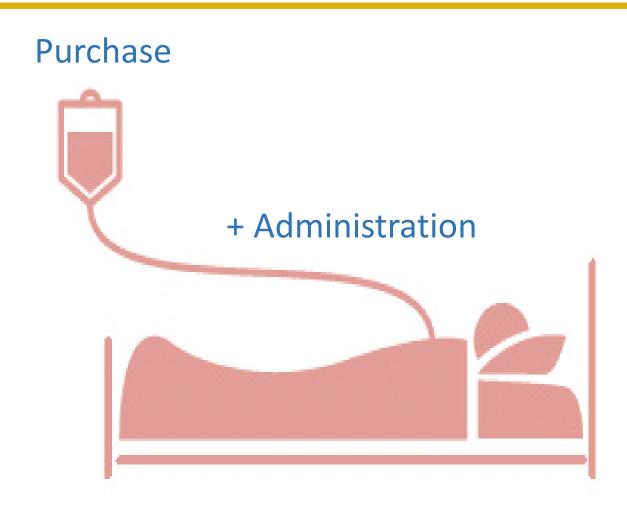
Aryeh Shander, Axel Hofmann, Sherri Ozawa, Oliver M. Theusinger, Hans Gombotz, and Donat R. Spahn from the Society for the Advancement of Blood Management (SABM) and the Medical Society for Blood Management (MSBM)



Shander A, et al. Activity-based costs of blood transfusions in surgical patients at four hospitals. *Transfusion*. 2010;50(4):753-765.

Cost of RBCs - Administration





Associated Outcomes - RBCs





Contents lists available at ScienceDirect

The Journal of Arthroplasty

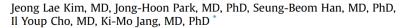
journal homepage: www.arthroplastyjournal.org



CrossMark

Review

Allogeneic Blood Transfusion Is a Significant Risk Factor for Surgical-Site Infection Following Total Hip and Knee Arthroplasty: A Meta-Analysis



Department of Orthopaedic Surgery, Anam Hospital, Korea University College of Medicine, Seoul, South Korea

| Author | Publication | | OR (95% CI) | Events With Allo Exposure | Events With None Transfused | % Weight |
|------------------|-------------|----------------|--------------------|------------------------------------|--------------------------------------|-------------|
| Rosencher et al. | 2003 | - | 1.80 (1.07, 3.03) | 44/1328 | 22/1180 | 34.18 |
| Innerhofe et al. | 2005 | | 2.52 (0.26, 24.62) | 3/122 | 1/101 | 2.17 |
| Dowsey et al. | 2008 | • | 1.83 (0.79, 4.25) | 11/429 | 11/775 | 14.68 |
| Barsora et al. | 2010 | - | 0.97 (0.56, 1.66) | 22/335 | 39/575 | 31.86 |
| Newman et al. | 2014 | = | 2.26 (1.04, 4.91) | 14/836 | 12/1606 | 17.12 |
| | | \Diamond | 1.55 (1.11, 2.17) | 94/3050 | 85/4237 | 100.00 |

Yes vs No: 1.55 (1.11 – 2.17)



Research

Health Care-Associated Infection After Red Blood Cell Transfusion A Systematic Review and Meta-analysis

Jeffrey M. Rohde, MD; Derek E. Dimcheff, MD, PhD; Neil Blumberg, MD; Sanjay Saint, MD, MPH; Kenneth M. Langa, MD, PhD; Latoya Kuhn, MPH; Andrew Hickner, MSI; Mary A. M. Rogers, PhD

Figure 3. Forest Plot of Risk Ratios for Infection Comparing Restrictive vs Liberal Transfusion Strategies by Patient Type

| Source | Restrictive Transfusion Threshold | | Liberal Transfusion Threshold | | | |
|---------------------------|--------------------------------------|--------------------------|----------------------------------|--------------------------|------------------------|---|
| | No. of Events | Total No. of Patients | No. of Events | Total No. of Patients | Risk Ratio (95% CI) | Favors Restrictive Favors Liberal Transfusion Threshold Transfusion Thres |
| Orthopedic | | | | | | |
| Carson et al,29 1998 | 0 | 42 | 2 | 42 | 0.20 (0.01-4.04) | |
| Grover et al,30 2006 | 2 | 109 | 3 | 109 | 0.67 (0.11-3.91) | |
| Foss et al,31 2009 | 6 | 60 | 11 | 60 | 0.55 (0.22-1.38) | |
| Carson et al,33 2011 | 56 | 1009 | 74 | 1007 | 0.76 (0.54-1.06) | - |
| Subtotal 12=0.0%, (P=.77) | | | | | 0.72 (0.53-0.97) | |

More vs Less: 1.39 (1.03 - 1.89)

Associated Cost Outcomes - RBCs



BLOOD MANAGEMENT

Increased hospital costs associated with red blood cell transfusion

Kevin M. Trentino,¹ Shannon L. Farmer,^{2,3} Stuart G. Swain,¹ Sally A. Burrows,⁴ Axel Hofmann,^{2,3} Rinaldo Ienco,¹ Warren Pavey,⁵ Frank F.S. Daly,^{6,7} Anton Van Niekerk,⁸ Steven A.R. Webb,^{4,9} Simon Towler,^{10,11} and Michael F. Leahy^{4,12}

- Mean inpatient cost 1.83 times higher in transfused group (95% CI 1.78 to 1.89; p<0.001)
- Estimated total hospital associated cost of red blood cell transfusion in this study was AUD \$77 million (US \$72 million), representing 7.8% of total hospital expenditure on acute-care inpatients.
- Dose-dependent association between the number of RBC units transfused and increased costs after adjusting for confounders.

Funny Story



FEEDBACK.

| Intern Weekly Education Session - Evaluation (please circle one answer for each question) | Intern (please circle) | Student | Other |
|---|---------------------------|---------|-----------|
| How could this session be improved?/ general comments/ topic regu | uests: | | (0 > 0 = |
| Ses This Topic Constituted a Yoqoq and | left me | with a | 6881 |
| Pro This TOPIC LONGH tuter a YOY Day and | . 10/1 | | . – |
| 1. would have preferred. 9251499 [1910] | 7 | | |
| 2. | | , | 7 / |
| "This topic constituted an Cassault by a | nsperifie | d mean | s.I and |
| 3. left me with a [paralytic syndrone] | biniald | have | professed |
| - aft we will a change of the | MOSCIA | | - |
| 4. | | | |
| 5. [general anaesthesia]" | | | en |
| 5. | | | |
| | | | 4 5 |
| 6. The overall quality of today's session was excellent | 2 | 3 | 4 5 |
| | | <u></u> | |



2. Is PBM cost-effective? - NO

PBM Cost Effective?



BJA

British Journal of Anaesthesia, 126 (1): 149-156 (2021)

doi: 10.1016/j.bja.2020.04.087

Advance Access Publication Date: 30 June 2020

Review Article

<u>Patient blood management</u> interventions do <u>not</u> lead to important clinical benefits or <u>cost-effectiveness</u> for major surgery: a network meta-analysis

Marius A. Roman^{1,*}, Riccardo G. Abbasciano¹, Suraj Pathak¹, Shwe Oo², Syabira Yusoff^{1,*,7}, Marcin Wozniak¹, Saqib Qureshi³, Florence Y. Lai¹, Tracy Kumar¹, Toby Richards⁴, Guiqing Yao⁵, Lise Estcourt⁶ and Gavin J. Murphy¹

¹Department of Cardiovascular Sciences and National Institute for Health Research Leicester Biomedical Research Unit in Cardiovascular Medicine, College of Life Sciences, University of Leicester, Leicester, UK, ²Department of Cardiac Surgery, Liverpool Heart and Chest Hospital NHS Foundation Trust, Liverpool, UK, ³Department of Cardiothoracic Surgery, University Hospitals of Nottingham, Nottingham, UK, ⁴Faculty of Health and Medical Sciences, University of Western Australia, Perth, Australia, ⁵Biostatistics Research Group, Department of Health Sciences, College of Life Sciences, University of Leicester, Leicester, UK and ⁶Haematology/Transfusion Medicine, NHS Blood, and Transplant, John Radcliffe Hospital, Headington, Oxford, UK

PBM Cost Effective?



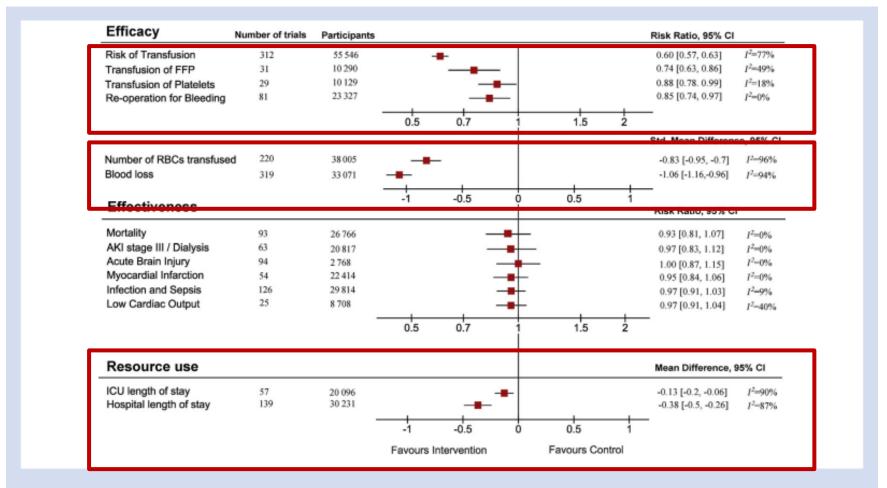


Fig 1. Forest plots of transfusion and bleeding, effectiveness and resource use outcomes. Interventions were compared with controls, showing a significant reduction of the effect on transfusion and bleeding outcomes, but no significant difference in the effectiveness outcomes. There was moderate heterogeneity for the risk of red blood cell transfusion ($I^2=77\%$) and no heterogeneity for mortality ($I^2=0\%$). The results are expressed as risk ratio (RR), mean difference (MD), or standard mean difference (SMD), along with 95% confidence intervals (CIs). The heterogeneity for each outcome is expressed as I^2 . AKI, acute kidney injury.



Patient blood management interventions do <u>not</u> lead to important clinical benefits or <u>cost-effectiveness</u> for major surgery: a network meta-analysis

Cost-effectiveness

Only one trial compared the cost-effectiveness of a PBM intervention to controls (Supplementary Table 13). This trial, in adult cardiac surgery, demonstrated that a restrictive red cell transfusion threshold reduced costs, mean restrictive minus liberal difference of -£182, (from -£1108 to £744), but had no effect on quality adjusted life years, 0.0004 (from -0.0037 to 0.0045). Four model-based studies that were



Patient blood management interventions do <u>not</u> lead to important clinical benefits or <u>cost-effectiveness</u> for major surgery: a network meta-analysis

Are lower levels of red blood cell transfusion more cost-effective than liberal levels after cardiac surgery? Findings from the TITRe2 randomised controlled trial

Results: The total costs from surgery up to 3 months were £17 945 and £18 127 in the restrictive and liberal groups (mean difference is -£182, 95% CI -£1108 to £744). The cost difference was largely attributable to the difference in the cost of red blood cells. Mean QALYs to 3 months were 0.18 in both groups (restrictive minus liberal difference is 0.0004, 95% CI -0.0037 to 0.0045). The point estimate for the base-case cost-effectiveness analysis suggested that the restrictive group was slightly more effective and slightly less costly than the liberal group and, therefore, cost-effective.

Stokes, et al. Are lower levels of red blood cell transfusion more cost-effective than liberal levels after cardiac surgery? Findings from the titre2 randomised controlled trial. BMJ Open. 2016;6(8):e011311.

PBM Cost Effective?



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BMI Open

BMJ Open Are lower levels of red blood cell transfusion more cost-effective than liberal levels after cardiac surgery? Findings from the TITRe2 randomised controlled trial



PBM

Liberal or Restrictive Transfusion after Cardiac Surgery

Gavin J. Murphy, F.R.C.S., Katie Pike, M.Sc., Chris A. Rogers, Ph.D., Sarah Wordsworth, Ph.D., Elizabeth A. Stokes, M.Sc., Gianni D. Angelini, F.R.C.S., and Barnaby C. Reeves, D.Phil., for the TITRe2 Investigators*

E A Stokes, ¹ S Wordsworth, ¹ D Bargo, ^{1,2} K Pike, ³ C A Rogers, ³ R C M Brierley, ³ G D Angelini, ⁴ G J Murphy, ⁵ B C Reeves, ³ on behalf of the TITRe2 Investigators

| Resource use component | Randomised to restrictive threshold (N=1000) Frequency (%) or mean (SE) | Randomised to liberal threshold (N=1003) Frequency (%) or mean (SE) | Restrictive vs liberal threshold % or mean (SE) difference |
|---|--|--|---|
| Red blood cells—number of units/participant | 2.08 (0.09) | 3.07 (0.11) | -1.00 (0.14) |
| Type of cardiac procedure—number (%) of pa | articipants | | |
| Coronary artery bypass grafting | 408 (41) | 408 (41) | 0 |
| Valve | 307 (31) | 304 (30) | 1 |
| Coronary artery bypass grafting and valve | 195 (20) | 203 (20) | 0 |
| Other | 90 (9) | 88 (9) | 0 |
| Blood products—number of units/participant | | | |
| Fresh frozen plasma | 1.00 (0.06) | 0.95 (0.06) | 0.05 (0.08) |
| Platelets | 0.65 (0.03) | 0.64 (0.03) | 0.01 (0.05) |
| Cryoprecipitate | 0.23 (0.03) | 0.21 (0.02) | 0.02 (0.04) |
| Inpatient complications | | | |
| Primary outcome—number (%) of participants | | | |
| Antibiotics for infectious complication | 341 (34) | 344 (34) | 0 |
| Stroke | 14 (1) | 16 (2) | –1 |
| Suspected myocardial infarction | 3 (0) | 7 (1) | –1 |
| Gut infarction | 5 (1) | 1 (0) | 1 |
| Acute kidney injury—stage 3 | 60 (6) | 51 (5) | 1 |



Is patient blood management cost-effective? Comment on Br J Anaesth 2021; 126: 149–56

Kevin M. Trentino^{1,*}, Donat R. Spahn², Hamish S. Mace^{3,4}, Hans Gombotz⁵ and Axel Hofmann^{1,2}

Trentino KM, Spahn DR, Mace HS, Gombotz H, Hofmann A. Is patient blood management cost-effective? Br J Anaesth. 2021;126(1):e7-e9.



2. Is PBM cost-effective? - YES





Contents lists available at ScienceDirect

Best Practice & Research Clinical Anaesthesiology





Does patient blood management represent good value for money?



Adam Irving a,b,*, Zoe K. McQuilten a,c

^a Transfusion Research Unit, School of Public Health and Preventive Medicine, Monash University, Australia

^b Centre for Health Economics, Monash Business School, Monash University, Australia

^c Department of Clinical Haematology, Monash Health, Melbourne, Australia



15 IV IRON

Anaemia management using FCM **cost effective** in a wide range of patients.

21 TXA TXA for surgical patients, **highly cost effective** in all patient groups except when delivered high dose for GI bleeding.

11
CELL SAVER

Intraoperative cell salvage, approx. half the studies found cell salvage to be cost saving.

cost effectiveness could be improved by targeting pts with high risk of bleeding.

4 R vs L

Majority suggest restrictive was cost saving compared to liberal

BM PROGRAMS

all found significant improvements in patient outcomes and cost savings after the programmes were implemented.

PBM – Cost effectiveness analysis



Anaesthesia 2020 doi:10.1111/anae.15240

Original Article

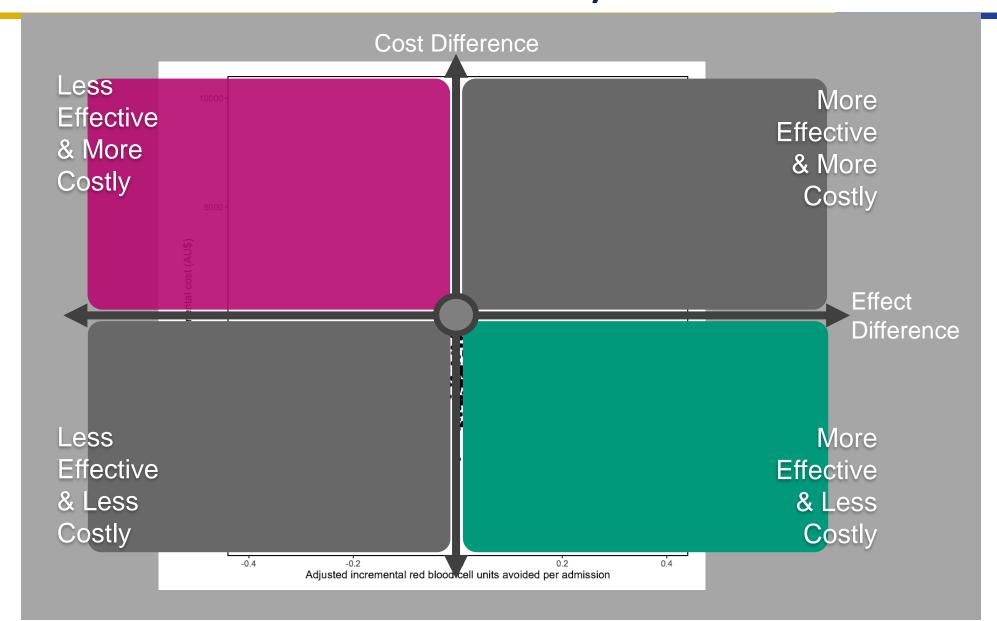
Screening and treating pre-operative anaemia and suboptimal iron stores in elective colorectal surgery: a cost effectiveness analysis

K. M. Trentino, ¹ D H. S. Mace, ² K. Symons, ³ F. M. Sanfilippo, ⁴ M. F. Leahy, ⁵ S. L. Farmer, ⁶ A. Hofmann, ⁷ R. D. Watts, ⁸ M. H. Wallace ⁹ and K. Murray ¹⁰

- Preop clinic to screen & treat anaemia and suboptimal iron stores
- Elective colorectal surgery
- 441 patients screened vs 239 not screed
- Of screened patients 40.8% received IV iron
- Outcome = RBC tranfusions avoided

PBM – Cost effectiveness analysis





Conclusion



- 1. The cost of transfusion has been underestimated
- PBM programs are associated with reduced transfusions, blood loss, ICU and hospital LOS, and costs
- 3. The results of economic evaluations suggest PBM interventions and programs are cost-effective